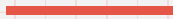


THE COOK COUNSELING CENTER PRESENTS:

MIDSEMESTER DE-STRESS WORKSHOP

A stress management workshop specifically tailored for international students. Learn self-soothing methods and prevention strategies.



**WEDNESDAY | NOVEMBER 10TH
4:00 TO 5:00 PM | GLC ROOM B**

Snacks will be provided! Please take the time to sign up at shorturl.at/eiHY7

